



Postgraduate Diploma in Cranio-Sacral Reflexology

Training is offered to qualified reflexologists and other therapists and takes place over the period of a year and consists of 8 days of teaching over 2 Levels - Advanced and Third Level. It also includes periods of home study, case study preparation, practise group sessions and mentoring. This leads to a post-graduate Diploma in Cranio-Sacral Reflexology and allows membership into Cranio-Sacral Reflexology International.

Timetable

Start of training programme	Home Study	Third Level Training	Home Study	Graduation
4 day Advanced Level training with CSR teacher	Undertaken over the next 3-4 months	4 day Third Level Training with Martine Faure-Alderson	Undertaken over the next 3-4 months	Submission of case studies and graduation into the Cranio Sacral Reflexology International
Exam of 20 multiple choice questions	Compile a simple case study to bring for discussion at the Third Level Training. (This could be an existing client you have been treating.) 7 treatments minimum.	Practical Exam at the end of 4 days	2 case studies of 7-10 treatments (minimum). The first being a continuation of the previous. Advanced case study, and another with a different client.	If accepted, the case studies will be published on the CSRI website, for viewing by other CSRI members internationally.

Practice group sessions & mentoring will be organised by individual Teachers during the Home Study periods. Depending on numbers, there may be a small additional charge to cover room hire.

Teaching Programme

Course Outline for Advanced Level

Instructor: Teacher practitioner of Cranio-Sacral Reflexology

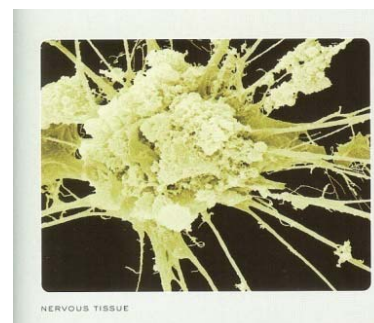
- Anatomy of the cranium: bones, sutures, and membranes.
- Primary Respiratory Mechanism, Cerebro-Spinal Fluid, flexion and extension of the SBS.
- Endocrine and central nervous systems.
- Position of the spine on the feet, assessment and diagnosis.
- Plexuses and hormones.
- Autonomic nervous system.
- Cranial nerves, venous sinuses and venous drainage.
- Arterial blood supply to the neck and brain.
- Basic Cranio-Sacral Protocol.
- Specific points for shoulder, hip, elbow and knee.



Course Outline for Third Level

Instructor: Dr Martine Faure-Alderson

- In-depth Anatomy&Physiology with new footcharts for various systems of the body.
- Pineal gland.
- Hormones of the brain and neurotransmitters.
- Heart Brain Connection.
- Reticular Alarm System.
- Stages of Stress.
- Occipital zones and the reading of the three diaphragms.
- Extended Cranial Theory: palpation of PRM, energy cysts, SER.
- Cardio-vascular Protocol.
- Lymphatic system Protocol.





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Penticton, BC, Canada

Sandman Inn, Conference Room, Penticton, Okanagan, BC

Dates:

4 day **Advanced Level** training is **April 6 - 9** with Dr. Martine Faure-Alderson

4 day **Third Level** Training is **April 11 - 14** with Dr. Martine Faure-Alderson

Exam day is April 15

Hand course is **April 16 - 17** with Dr. Martine Faure-Alderson

Dr Martine will be teaching and will have 3 or 4 teacher assistants = lots of one on one help.

Hotel room at conference with 2 beds - \$72 a night

Fly into Kelowna (+ \$100 shuttle bus)

Fly in to Penticton and we collect you at airport.

Okanagan student tour is on Sat 10th

We are a very social group and eat lunch and dinner together and have a great time too.

Reflexology chairs and massage table are provided for students travelling by Plane only. Please bring your chair or table to course. We ask local students to help by bringing some extra Reflexology chairs/massage tables to course.

Contact Maria Carr at [Email | info@okinhealth.com](mailto:info@okinhealth.com) 1 250 493 0106

Web Site:-www.craniosacralreflexologyinstitute.com

New website coming soon at: www.craniosacralreflexologyinternational.com